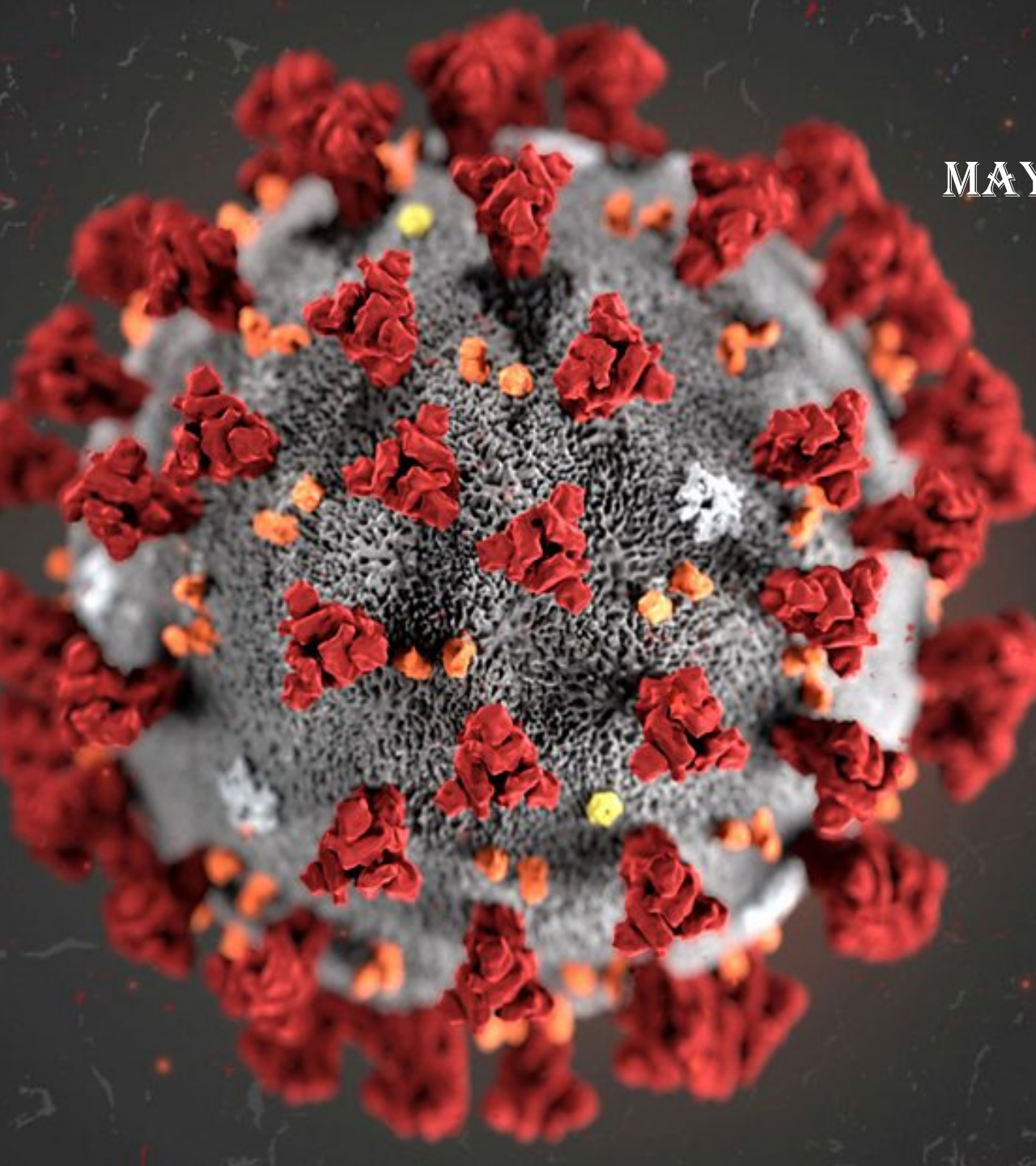


**MAYOR BARTIE'S
TURN DOWN THE NUMBERS PROJECT**



CORONAVIRUS

IT'S SERIOUS!



MAYOR'S TURN DOWN THE NUMBERS PROJECT

- I am asking each of you to be a partner!
- How? Each of us serve as an Ambassador of Stop COVID-19.
- Beginning today, Wednesday, August 5, 2020, until suspended at a later date.
- I really need you to be a part, your community needs you to be a part!

Symptoms of Coronavirus (COVID-19)

Síntomas del coronavirus (COVID-19)

Don't wait too long before seeking medical attention if you think you are infected or have symptoms.

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has emergency warning signs of COVID-19.

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.

Conozca los síntomas del COVID-19, que pueden incluir:



Los síntomas pueden ser de leves a graves, y aparecer de 2 a 14 días después de la exposición al virus que causa el COVID-19.

Busque atención médica de inmediato si alguien tiene signos de advertencia de una emergencia del COVID-19

- Dificultad para respirar
- Dolor o presión persistentes en el pecho
- Estado de confusión de aparición reciente
- No puede despertarse o permanecer despierta
- Labios o cara azulados

Esta lista no incluye todos los síntomas posibles. Llame a su proveedor de atención médica si tiene cualquier otro síntoma que sea grave o que le preocupe.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)



Centers for Disease Control and Prevention
National Center for Emerging and Zoonotic Infectious Diseases

[cdc.gov/coronavirus-es](https://www.cdc.gov/coronavirus-es)

QUESTIONS?



Call the Port Arthur Health Department at 409-983-8874 for a consultation as to what you should do.

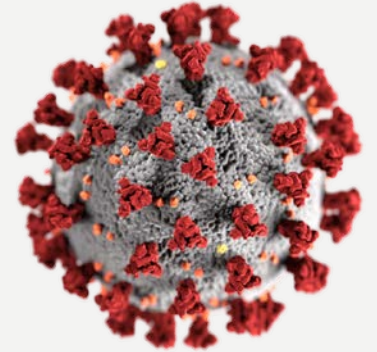


The Port Arthur Health Department wants to help!

*Thurman Bill Bartie,
Mayor*

TURN DOWN THE NUMBERS PLEDGE

- I pledge to wear my mask properly, covering my nose and my mouth, at all times.
- I pledge to practice social distancing at all times.
- I pledge, when possible, not to gather with more than 10 people.
- I pledge to sanitize frequently touched items and to regularly sanitize or wash my hands with soap and water.
- I pledge to get assistance if I feel ill and to get tested to know my COVID -19 status.



Click to Pledge

Haga clic para comprometerse

Nhấp để cam cố